

Life Lesson #1

Think about this question
for a minute before you answer.

What did YOU do FOR your parents or guardians TODAY?
(Not what they asked you to do,
such as chores, or to help out, etc., but rather
what YOU thought about doing for them on your own)

Write it down!

I asked Kellye, my daughter, one day when she was about 10 this question. After thinking about it for a minute, she could think of NOTHING that she had actually done for me. After I told her that I woke her up that morning, got her breakfast ready, made sure she had clean clothes for school, took her to school, picked up her things she left lying 'around, ran her to her extra activities, helped her with her homework, cooked supper, make sure she was ready for the next day, and provided her a beautiful room to call her own..... She then said, "Mom, I don't do anything for you, but I always WANT things from you!"

From that moment on, she would always ask me if she could help me do things, brought me a cold drink after a long day, picked up after herself and anything else she could see laying around, and even started looking for things to "surprise me" and do.

So, now, starting TODAY....go surprise someone in your family and do something FOR them tonight.

List 4 things you think you can do FOR your parents:

FOR:

I CAN DO:

____ Mom ____
____ Mom ____
____ Dad ____
____ Dad ____

Life Lesson #2

Do you know that everyone has Choices in our lives? When you get right down to it, you really have TWO choices....Think About It....You can do the RIGHT thing, or choose to do the WRONG thing. When your friend asks you to go somewhere and your parents have told you to be home at a certain time, and your friend gets to stay out 30 minutes longer than you.... You have two choices: Go home on TIME, and make your parents trust you, OR break the trust with your parents and stay out the extra 30 minutes. The CHOICE is yours. I have a great friend who is a lawyer in Dallas, Kathy Kinser, who taught me "If you are not 15 minutes EARLY, you are LATE!" I try hard to live by these words, and have found out that my life has become so much easier. So, remember, you always have TWO choices in LIFE..... Pick wisely!



Always watch the clock....it's best to be early than late!

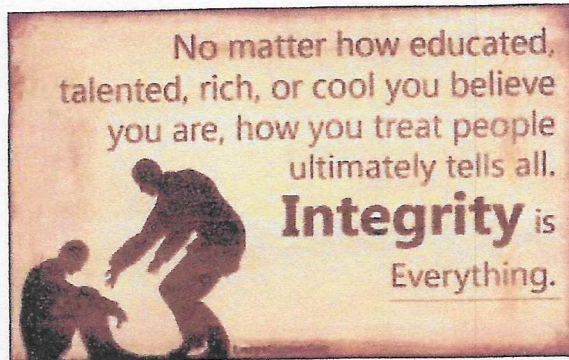
Remember, It is better to be 15 minutes early than 15 minutes LATE. No one likes to run late.

"If you are not 15 minutes early....you are late!" Remember that!

Life Lesson #3

Do you know what the word INTEGRITY means? It is a very unique word, and not many people know what it means nor do they live with Integrity all the time. Integrity, I love this word! (IN-TEG-RA-TE) Integrity means "To ALWAYS do the right thing, even when NO ONE is WATCHING!" This means....Always think that there is a camera watching everything you do or your parents are always sitting on your shoulder: how you act, how you treat others, what you say, how you say it, what you post on social media, how you act when you are with your friends and you think no one knows you or sees you.....you get it!

So, always live with Integrity in your heart, mind and soul. I want you to have a HAPPY LIFE!



Life Lesson #4

I have taught many students throughout the 26 years and have watched them as they were growing up. They made many mistakes and usually learned from making the mistake. Everyone makes mistakes.....No one, not one single person is PERFECT, and makes no mistakes....It is learning from them that is the thing you need to do. Try not to ever make the same mistake again. I found a little secret though, IF...you will follow ONE RULE in LIFE.....Just ONE....you will live a stress free and happy life.

That one Rule is:
"FOLLOW DIRECTIONS"

Think about it. If you follow every direction that you are given by a trusted adult, you will never get in trouble, nor have anything to worry about. So, if your parents/guardians ask you to take out the trash, clean the dishes, clean your room, turn off your game....Just DO IT! And do it right then, do not wait! If your teachers instruct you to do something, you be the first one to "follow the directions".



You always want to follow all directions of adults and police officers. FOLLOW DIRECTIONS and you will never get in trouble. What a deal!